

TREATISES

The first of

Pulses,

The fecond of

Urines.

By Abdiah Cole, And Nich. Culpeper.

LONDON:

Printed by Peter Cole, Printer and Bookfeller, at the Sign of the Printing-Press in Cornhil, near the Royal Exchange. 1662.

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Arines.

Policy Fermelius, Abdiab Coles, And Niebs Culpeper.

LONDON:

Nagar Baranga A



To the Reader.

Eader, It is not denied by any true Physitian, That by Inspection into Urin, and by feeling of the Pulse, many Diseases may be found out: And they have been so long used, that the Vulgar people have made the Harlot Urine a Goddess equal to Cloacina, and believe that nothing can be known but by her. Also many illiterate Mountebanks have from the Peoples simplicities, taken advantage to read unto them variety of Piß-pot Lectures to delude them: by gathering from their own Answers, to such questions as they propound, strange Piß-prophesies; whereby they seem to declare not only ordinary Diseases, but Deformities, and things no way discove-

To the Reader.

rable by Urine; Nay sometimes they attempt to speak from that Text, of humane Events, things paft, and to come, to get admiration from the Vulgar; By the Casting (as they call it) of an Urine, others slight it as impersinent. But it is no good Logick to gather from the abuse of athing, a Consequence for the not using of it, Let not the excellent Rules of Judging by Pulse and Urine be laid aside, because they have been abused. To put this Art intoits primitive Lustre, I have here laid down the most exact Rules that may be. The true Knowledg of a Disease is accounted half a Cure, I therefore advise all sober Physitians and discreet Patients to use all means to obtain it, without which all wil be but lost labour. Something may be discovered by Urine, more by Pulse, most by the Patients candid Relation of external Causes, Accidents, and Circumstances, let all be laid forth plainly if thou wilt take the Advice of

Abdiah Cole.

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A Treatile

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TREATISE Pulses and Urins.

CHAP. I.
What a Pulse is, and how many
sorts of Pulses there are.

He Pulse and Urin declare diseases what they are, for the Pulse shews the Constitution of the Heart, and Arteries, and the Urine declares the Constitution of

nistration of which the whol body is governed. The Pulse doth cheifly shew

the strength of the whole body, and more plainly that of the Heart. The Urin shews manifestly the state of the Liver and humors, and the diseases from thence, and declares also but not fo plainly the strength of the Body. Therefore we shall speak of these as certain Signes, and as a much as Art requiretth.

A Pulse is the motion of the. Heart, and Arteries, that cools. the natural heat by contracti-Pulse is. on and dilatation; called Sy.

stole, and Diastole.

Diastole or Dilatation is that by which the Arterie opens its felf to take in Ayr, and thin Blood, to temper the naturall Hear, and nourish the Spirits. Systole or contraction is that by which the Artery closeth to expel the Soot contracted. upon the Spirits by adultion. Between thefetwo motions being contrary, there is a twofold Reft, the one, at the end of the Diastole, and the other at the end of the Syftole. Now the differences of

of Pulses.

Pulses arife from the Di-The Differences | aftole, or from the Reft; or from the Order: five kinds of Pulses come from

the Diastole, as from the Quantity, Vehemency

mency, Time, Quality of the Artery, and fpresding of the Artery: the Quantity makes a long, a broad, or a high Pulse, as the Artery opens. These all together make a great Pulse, when the Artery opens every way. The contrary to thefe, are a Short, narrow, and low Pulse: and when they all are together, it is called a little Pulse. That Pulse is called moderate which is between these extreams. Therefore the Pulses from quantity are long, short, or moderate; broad, narrow, ormoderate; bigb, low and moderate. From the vehemency of Dilacation, comes a Pulse called strong, or vehement, when it beats hard upon the finger: and that which beats weakly is called a faint Pulse, and that between both, is called moderate, from the time, that Pulle is called swift, which in a short space opens the Artery, that is called flow which is long, and that moderate, which is between both.

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; e n From the quality of the Artery, the Pulse is called fost, when the Coat of the Arter ry is tender and loose, it is called bard, when it is hard, and moderate when it is indifferent. From the spreading, or parfusion of the Artery a Pulse is called full,

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when in the Diastole or Dilatation the Artery is not only large and swollen, but full of humors. The Pulse is called empty, when you feel it swollen with wind and not with blood, as you may perceive by your finger when it is not firm and folid: The mean between thefe is called a moderate Pulse. The fixth kind of Pulse is taken from the rest or quiet between the beating, hence a Pulfe is called frequent, when it often, and with fhort time of reft streatcheth the Artery, and beats upon your finger: that Pulse is called rare which with longer distance. The feventh difference is from the order. when it is allwaies alike, it is called aqual or even. This is of two forts, as when it is in all, or many stroaks equal and alike every way, when in every ftroak there is a likeness and aquality in magnitude or greatness, and in swistness and the like differences, or it is called aqual or even, when in one stroak, the beginning, end, and all the parts of the Artery proceed aqualy. A Pulse is called unequall in multitude, when many Atroaks compared together are unequal, and unlike, either in tespect of greatness or swiftness, or vehemency, or the like. And

And that which is fo in all those respects, 15 called absolute! y unaqual. An unaqual or uneven Fulfe is of two forts, it is either equaly uneven or unequaly uneven. That Pulse is aqualy uneven, when it hath an even and alike motion in an inaquality, as when the fecond stroak is fomewhat less then the first, and the third then the fecond, and the fourth then the third, and so forward. This is called in Greek the Moustayle, and in Latine a Pulse that grows smaller and smaller: If this decrease till it quite stand stil, it is called Myurus, or Moustayle deficient, if after it arise as great as at first, or less it is called Myurus reciprocal. A Pulle unequaly uneven, is that which hath no likeness or similitude, nnæquality, and if this cease, it is properly called an uneven and deficient Pulse: And if after two or three or more stroaks, the Artery begin to beat again, it is called a deficient reciprocal Pulse. An intermitting uneven Pulse is like to this, when there is very long rest. To this intermitting Pulse is opposed the intercurrent Pulie, as when you feel a stroak thrust in between the two stroaks you expected. Moreover a Pulse uneven in one ftroak is twofold, for

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it is either in one part of the Artery or in divers. A Pulse that is uneven in the same part of the Artery is threefold, for though the motion of the Artery be con-Stant and continual, yet is it not some-rimes alike, at the beginning, middle, or end; fometimes it refts, and fometimes Trikes twice for once, the motion is uneven at the beginning and end, sometimes in respect of vehemency, or magnitude; or swiftness, or the like. The Pulse called intercident is when the distention wants continuity, and is cut of by a rest. and though it ftrike twice, it is not two but one pulse or stroak, and if after the reft, the motion following be quicker and ftronger, then the motion that went before the reft, then it is called a caprizam pulse. The Pulse called Dicrotus or recurrent which Arikes twice, is when after all distention is past, it beats again like the hammer that leaps from the anvell after the ftroak : this is different from the intercident, sometimes the fronk returnes not once only, but twice or chrice. A pulse is called uneven in divers parts when it doth beat alike upon many fingers laid thereon, as when four fingers are laid upon the Arrery it beats

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beats onely upon the fecond and fourth. or fiest and third finger, and not upon the rest. A Pulse is called uneven in magnitude, vebemency, bardnefs, or fulnefs when all fingers touch it alike, and yet magnitude or greatness, vehemency or strength, hardness or fulness is not alike to all if there be hardness withall, this Pulse is called serratus or sawed pulse. there is also an uneven pulse, in respect of the fituation of the parts of the Artery when one part of it runns to the right hand, another to the left, one upwards, another downwards, if this be very manifest, and the diastole or dilatation of the Artery be great it, is called Vibratus pulsus or a darting pulse, in which there is an often unequal flaking as in darts which are thrown with a quick force, if it be less manifest, and the Artery appear freiched and drawn afide, on both fides, the Pulse is called convulfive. The Pulse is called undofus or water-like, when the Artery strikes the first finger more fully and strongly, and the fecond more weakly and gently, and the third finger fuller and stronger, and frikes the fourth finger more gently, this is called uneve like the billows of D 4 mater.

water. A vermiculant Pulse is that which is like the creeping of a worme, it is fomewhat like the watery pulse last mentio-ned, from which it differs not in unevenes, but in strength and greatness. next is called formicant, or ant-like Pulse, which is very fmal, very weak, most quick, and uneven, differing as much from the worm-like Pulse, as that doth from the waterlike. Every uneven Pulse is of two forts, ordinate, and inordinate, an ordinate uneven pulse is when the order of inaquality is kept, as when there are four uneven stroaks, and every four stroaks have the like proportion of inæqualicy. An inordinate uneven pulse. is when there is no similitude in the inequality, or order in the Circuite of motion.

CHAP. II. How to feele and know the Pulse.

Et the hand that feels the Pulse, be temperate, foft, not callous, but of quick sence let three or four fingers be laid upon the

What the Phylitian must observe in touching the Artery with the ends of his fingers.

Artery

Artery of the wrift, let not the Patients hand be lifted up, nor let down, nor stretched out, nor bound, nor leaned upon, nor the palm of the hand upward, nor downward, but let it be in a natural pofition, held even with the little finger downward. If the Pulse be obscure in the wrist right against the thumb, you must seek for it in another place, or in the other wrist, for one side may want a pulse from obstruction, or it may alter by reason of a wound or Concusion. A vebement strong pulse is not known, except you press the Artery with your fingers close, this differs from a great and from a ful pulse because it seems to refift the touch by its strength: Nevertheless you must not press it so, that the force of your hand may overcome the strength of the Artery. A faint pulse is to be descerned best, when the hand hangs down with the palme upwards, and it must be touched gently: for if it be pressed hard, although a faint Pulse may be also great as in a Lethargy, it will appear very little and not be felt. The Systole is somewhat perceived in a vehement, great, and hard Pulse; but never in a faint: In a most great vehement

ment and hard pulse, it is plainly perceived when the Artery is strongly pressed. The external rest between the stroaks, is perceived by a gentle touch, the internal by a pressing of the singers close. He that wil be perfect in the knowledg of these, let him sirst exercise himself in the Systole or Contraction, and internal rest of the heart, for that beats most violently, for they are manisest by touching of the breast, and by that he may learn them in the Arteries, other differences of Pulses must be observed by moderate touching.

The General Causes of Pulses:

There are three causes of Pulses, to efficient, the impelling, and the infrumental; The chief and efficient cause of Pulses, is the moving faculty of the heart. The instruments are the Arteries that follow the force of the faculty, and obey it: The cause that stirrs up the faculty is use and necessity of motion.

of the necessity of Pulsation, and how many causes there are of it.

This is the cheif canfe from whence comes the beginning

of motion. Now all necessity comes from a præternatural affection, which being offenfive and troublesome to the heart, it frives to shake off : this affection is threefold, either it is want of hear or Spirit which the heart by beating labours to get, or a cold or hot diftemper either limple or from a Fever, or Flegmon which it delireth to cool, or it is some strange Substance which ic laboureth to expell, as when Smoak, or a Vapour or humor fmites the heart, with fome vitious quality or preffeth it with its plenty. These are the internal canses: The outward are all immoderate motions of the body, and perturbarions of mind, as Anger, Shamfac'dness, Fear, and Sorrow. Therefore the faculty of the heart being ftirred up by a necessity from these causes, takes in a new air from without by Diastele, which may cool the hear, and nourish the vital Spirits. By the Syftole the adust Smoak of the Spirits and whatfoever is præternatural to the heart and arteries is purged. Therefore use and necessity forceth the faculty of the heart to beat, this faculty stir'd up moves the instruments and Arteries, and these yeeld to its force, now. chere

there will be alwaies beating from the condition of the necessity if there be strength in the faculty, and if the Arteries wil comply, and these two, namely vital strength, and the constitution of the Arteries do oftentimes hide the significations of necessity: for large arteries usually cause a great Pulse, which will appear if they lye not very deep. But small and narrow Arteries such as are in sat folks, cannot produce a great Pulse, also if the vital strength be active, the pulse is naturally great and strong, if weak, it is faint and small, from these causes some

How to know Pulses.

in very old age have strong and great Pulses, and some in the prime of their age

have little or none. The cause of vital strength, is not easily perceived. Therefore there is one observation of great consequence in all, which will give a large knowledg of the Pulse and nature, when there is a mediocrity from the concurrence or joyning of all causes the the Pulse is moderate, and when the mediocrity is wanting, the Pulse is changed, and becomes immoderate.

CHAP. IV.

The diversity of natural Pulses, and from what causes they are changed, without diseases by health.

To know the Pulse, and Femper certainly you must know the moderate Pulse, and that must be a rule for the rest.

First then let us labor to know a moderate Pulse, that it may be a law and rule to the rest. That is called moderate which is neither great

nor little, swift nor slow, often nor seldome, strong nor faint, hard nor soft, nor unequal, nor any other way exceedeth, from this all the rest by comparison are called great or smal, quick or slow, or the like. This is onely to be found in the best constitutions that are most temperate, but in intemperate natures the pulse is different from this, even while they are sound. For they who are of hor nature, have a quick, often, and great Pulse; for there is in these a great necessity of purging out the smooth, and they have

have strength enough to doe. The contrary is in them of a cold nature; lean and slender people have a great Pulse, but seldome and strong, because the Artery is easily distended without any hindrance: Hence it is that the pulse is far greater in men then women, but somewhat slower and seldomer. In Infants

Things that change the Pulse, as sex, age, time of the year. and children the Pulse is most quick and often, because the abunddance of heat desires

to be cooled by the Diastole, and the plenty of fmoak or foot in the spirits may be purged by the Systole. The Pulse is flower and seldomer in old folk. The young persons Pulse is greatest because the heat is sharp, and the Artery large. The old is least, the childrens is of a middle fort, for the necessity is great, but the Artery is streight. The Pulse of a young man is most vehement, because the faculty is most strong, of an old man it is most faint, of a boy, it is moderate: From these we may conjecture what natural Pulse every fick body ought to have. This may be changed even in time of health by the Ayre and · time of the yeer, by exercise of body and

and perturbation of mind. In the middle of the Spring the Pulse is greatest and strongest, because in that excellent remper, the faculty is most strong, and it is moderate in respect of swiftnes, because in a temperate condition the pulse is moderate, but in the middle of Autumn. and Summer, the Pulse is swift and often, for necessity and use increase, but it is then small and weak, because the faculty is faint. In the winter because the use is not so much, the pulse is flower and feldomer, and less then in Summer; but stronger.

Of Countries, Climates, | The Countrey. they which are vehement hot

are like midfummer, the cold like win-

ter, the temperate like the Spring.

Exercife maketh | Motion .. Moderate Pulles strong, by stirring up the faculty, but they are great, fwift, and often: because the Use increaseth by the increase of heat. In Idleness the contrary appeareth. Immoderate exercife above the Itrength, makes smal and faint pulses, but quick, and often by use, and when the strength decays they are flow, and feldom; the fame is from hor Baths, and cold; full feeding, and much

much wine makes great Pulses, strong, quick, and often, but the change is fooner from wine then meat. If wine be taken immoderately, it makes

Sleep.

the Pulse disorderly, and un-In Sleep the Pulse is even. little, faint, flow, and feldom, presently after it turnes great, quick, and often, and darting,

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but foon returnes to a medio-Passions of crity. Angry people have a great, high, vehement, swift, and often Pulse, sorrowfull

people have a little, faint, flow, and fel-The Pulse of a fearfull dome Pulc. man is vehement, quick, darting, inordinate, and uneven. The dayly affections of the body, do so change the Pulse, that except you observe them, it cannot rightly be understood, or known how it differs from a natural pulse, when there is a disease: Therefore obferve the natural pulse, but not presently after exercise, Baths, great feeding, Wine drinking, or other hot causes, nor presently after Anger, or Fear, or other causes that disturb the Heart, and Spirits; you must determine nothing by the Fulfe, till the force of external causes is past, past, and all the perturbation of the boody or mind ceased. All these Pulses are nonmoderate, but bounded in the limits of Nature. Now we shall speak of pulses contrary to Nature, and shew what they signifie in Diseases.

The Causes of preternatural Pula ses:

THile the Heart is according to Nature, it defendeth the natural heat and Spirits, by a moderate beating: but when preternaturally affected. it labors to shake off what is offensive, and to restore what is wanting. I shall first shew what Diastole signifieth, and then what a Systole declares in a fick Heart. When the Heart is provoked by use or necessity at the first, the beating is often, whether the faculty bestrong or weak: the often Pulse is first of all, because it is easiest: if this often beating do not fatisfie necessity, then comes swiftness, and if those two are not sufficient, greatness of Pulse wil be added, provided the faculty be not weak, for that, wil help with all its strength. If the favehement pulse, and a full pulse, if there be plenty of spirits. And we observe that in all Fevers there is a frequent and swift pulse, but not alwaies great, for if the strength faileth it becomes imall and weak as wel as frequent. Moreover they who are without a Fever, as in a fwounding, or they whose strength is oppressed with plenty or impurity of humors, as in Leucophlegmacy the pulse is frequent and swift, (for we must not judg a Fever alwaies by a frequent pulse) but not presently great, but little and faint. Therefore the first change of the pulse is not into magnitude, but into oftennels, and then comes quickness, and after greatness. Galen faith that every pulse when necessity urgeth is at the first great, whether the faculty be strong or weak, and there is never swiftness without

greatness. Therefore a frequent and swift pulse shews quent and swift pulse shews either heat abounding or want of vital Spirits. A great pulse shews that the faculty is not weak, a vehement pulse shews that it is strong, a little pulse

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shews want of natural heat, and great coolness, when this happens the rarity of the pulse wil be first manifest, and as the hure increaseth, flownels of pulse wil come, last of all imalness. In increase of heat it wil be just contrary. The difference of pulses as they are long, broad, and high, comes nog trom the necessity of the thing, and shews not the being of any Difease, but only represents the impedments which are about the Arrery : for the Artery is flietched as much as may be, and the greatness of the di-Araction is somtimes covered, somtimes intercepted with the number, or thickness, or hardness of the adjacent bodies, as of a Membrane, or Skin, fat, or flesh, by which the pulle appears divers, and otherwise than necessity requires. Hence it is that ful bodies have thort and small: slender bodies, long and great, and fquare people moderate pulses. A foft Pulse shews a fost Artery, and that the body is full of Flegm, as in a Droptie, Leucophlegmacy, or Lethargy: either from moist Dier, immoderace Barbs, Sleep or Ease. This pulse as the Ditease increaseth, and strength decases turns worme-like and Water-like. A hard pulled E 2 3 den 2 3 pulled

pulse if it come neither from faintness of mind, nor fear, nor bashfulness, shews alwaies the hardness of the Artery; and there is not any hard which is not also fmall, although not prefently weak. The Artery grows hard by driness, binding or stretching. Driness comes from immoderate use of Wine, from burning Fevers, from Leannels, Quartans, and Melancholly. Confirition or Binding comes fomtimes from cold Air, Baths, or water-drinkingsfomtimes from bad fruits that breed thick glaffie Flegm, ftretching of the Artery comes from great Inflamation, or from Scirrhus of the Liver or Spleen. A convulfive pulse is like unto this hard and stretching pulse, which thews that the Nerves have a Convultion, or that the Belly is immoderately loofe, as from taking of Hellebore. A darting Pulse comes from a little and hard pulse; for when there is great need of cooling, and the faculty is ftrong, when the Artery is hard, there is a quivering from the contention of the strong faculty and the Artery that opposeth it. This shews the same Diseates as a hard pulse doth. Thus you are to judg by the Diastole. Now the Systole is as the Diastole greater

er or less, stronger or weaker, swifter or slower, softer or harder. The only difference of swiftness and slowness is to be felt, and in those only in whom a Systole

may be perceived.

The quickness of the Systole shews a great company of adust excrements which Nature labors to expell by

The cause of a quick systole.

compression of the Arteries. These come from putrified humors which cause Fevers, when their fubstance or vapor gets into the Heart. Therefore a quick Systole is the fign alwaies of a putrid Fever. This quickness is not only a fign of Fevers from putrid humors in the Veins, but of Diseases in the Liver, Spleen, or the like. The flowness of Systole or contraction is when there is not much putrid and burnt excrement in the body, and when great expurgation is not requi-Frequency of the Systole shews that much foul excrements are increased, and therefore the rest outward is very little. The rarity or feldomnels of Systole in which the external rest or ceafing is long shews that there are few smoaky excrements.

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CHAP. VI. The knowledg of Diseases by the Pulse.

L and exercise of these things. The Differences of Pulses shew both the preterna ural Disease, and the place where Diseases preternatural are known by the pulse, either principally, or secondarily. All diftempers whether fimple, or compounded with humors, are known first and principally by the pulse. AlfoPlethory, cacochymy limple, & with putrefaction, Phlegmon, Scirrhus, Obstruation, these Diseases are beginning and

VV hat protse is proper to every presernatural difease and part.

containing causes of al the rest.Ina simple hor d stemper from hear, or a Fever for a day called Ephemera: the pulle is often swift

and great, and also equal. The fame is in a Hectick Fever but a little harder. In a simple Plethory which doth not yet oppress the strength, and in a simple Synoch, the pulse is not only often, swife, and great, and also equal, but also turgid

gid or swollen, full and vehement, because that Disease is not in any but itrong people. A Diftemper from putrefaction of humors, and a putrid Fever also causeth an often, swift, and great pulse, but uneven, not only in many stroaks but in one: Because the Systole is quicker then the Diastole that the filthy fmoak may be thrown out: also the ceafing is shorter which makes the pulfacion of ener. In the beginning of the Fit, the inegality is somwhat manifest, but it is more feen in the increase and vigor. A Phlegmon which is great and in a noble part, because it imparts the heat of its purrefaction to the heart, and the whole body, causeth a feverish pulse: and such as is hard, and fomtimes fawing and darting, because the stretching of the part inflamed goes to the Arteries: And this pulse is harder if the Phlegmon be in the nervous parts, or about the Membranes. Veins, and Arteries. A cold distemper caufeth a rare, or feldom, flow, and lictle pulse; a dry causeth a hard, and a moist, a soft pulse. And this is when the distemper is simple. But if this distemper come from the flux of any humor, there is with the other mentioned, E 4.

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an inequality of pulsation, especially if the humor settle upon a noble part. For

What kind of of pulse declares the part affect-ed.

ed or compressed with plenty of humors, or Nature be burdened with them the pulse is unequal; and

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the more when the humors are thick, flimy and many, than when they are thin and few. We know what part of the body is affected by a foft, and also a hard pulse called tensive or stretching, that is Serrant or Saw-like, and vibrant or quivering. A fost pulse shews a gentle Disease and that the part affected is fleshy with Veins and Arteries. A hard pulse shews that the part is full of Nerves and Membranes. Also the parts neer the Heart that are joyned to it by great vessels, do fooner, and more communicate their Difeafe to the Heart, and they which are farther off and joyned to the heart by fmall vessels, do communicate a distemper to it, less and flower, By the mixture of these you may know secondarily what pulse is in every Disease. For when the Midriff is inflamed, the pulse is very hard, Serrant and Vibrant, and fomtimes Convultive, but less in a Pleurifie, and less

less then that in an Inflammation or Scirrhus in the Stomach, Bladder, Womb, Guts, Liver, Spleen, or Lungs: In a Peripneumony the pulse is great, weak and and foft, and also unequal, both in one particular motion or beating, and many: and often it is waterift or Wave-like called Undofus and Dicrotus alfo, or Recurrent or beating twice at a motion. In a Lethargy the pulse is like this. and in a Catoche more like it, only it is then e-qual. In an Epileptie and Apoplexy (when it is great, and the faculty much oppressed) the pulse is faint, little, rare, flow, and unequal, and after turns quick. In a Convultion it is convultive, ftretching, Vibrant and unequal, but not fo great and strong. In a Pallie it is faint, and flow, and small, somwhat intermittting and out of order. In Ascices it is small, often, and hard, and Aretched, in a Tympany it is long, quick, often, and fomwhat hard. In Anafarca, Wave-like, or undose, broad and soft. In a Phrenfie, it is hard and little, very quick and often, shewing a Syncope, sometimes it is trembling and intermitting with a Convulsion. In a Quinzy it is great, and unclose or Wave-like, and somwhat convulfive.

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vultive, but when suffocation is at hand it is little, weak, often and unequal. In Orthopnea or difficulty of breathing it is unequal, inordinate, often, flow and deficient and at length faint. In a Phthisis or prisickit is smal faint, and not veryquick; In a Hectick from Suppuration, it is unequal and inordinate. In time of the matter breaking forth it is slow, broad, rare, and faint. And in other diseases you may know what pulse ought to be, by observation from these.

CHAP. VII.

(when a largestate, and the faculty much

Observation of Strength by by the Pulse.

ThePulse cheisly shews the Strength, for the vital faculty is the cheis, and preserver of rest, and that being sirme none can dy, therefore from it you may know the life and strength, when death is at hand, the Signes of the vital faculty decaying appear. Sometimes long

A based, and bas

long before as when the disease is long, and the faculty decayes by degrees. Somerimes a little before death, as when the vitall strength by an immoderate and juddain evacuation, or pain, or o-

strength by the Pulse; is a good Prognostike.

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ther great Symptome is The knowledg of diffipaced and destroyed: or when it is choaked by an Imposthume broken, or a fudden fl x of hu-

mors, or great obstruction. Therefore if the Pulse be the discoverer of the heart, and life it is also the declarer of al the faculties and strength. A robust and

vehement Pulfe in found Astrong Pulse men lignifies long life, what it signifies. in sick men it promifeth recovery. A fain Pulle

doth the contrary. When the Pulse is fo vehement, that it opposeth, and hindereth the touch, it shews the strength of the faculty more or less, for it shews that the humors are good in quantity and quality, and well concocted, or that nature is in concoction of some crude humors (this is in diseases recoverable) especialy if it come neither from Anger, nor Exercise, nor much Wine and Meat immoderately taken. A faint Pulse that

is loft by touching, thews the A faint weaknes of the faculty, and fo fainting, or Iwounding, or that the strength is impared by a

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long difease, or otherwise destroyed, as by fainting, watching, pain, or passion, or by great evacuation, or strength of a difease quice lost. A robust and vehement pulse is commonly great, but not necessarily, even as a strong young man doth not allwaies go strongly and fast. every faint Pulse is not little, nor little Pulse faint; for in a Lithargy, it is faint and great. Now that the strength may

the infirmity or abating of strength.

be better known by the Athreefold cause of pulse, there is a threefold cause of weakness: the first is that which by de-

grees decaies the substance of strength, a second is that which Suddenly destroies it, a third is that which overwhelms strength, by its plenty, or extinguisheth it by its malignity. A faint Pulse alwaies shews weakness, and the other pulfations joyned with it shew the cause of that weakness. Therefore when the vital faculty becomes weak by distemper, want of nourishment, or continuance of a disease, the Pulse at first

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first appears faint, and then smal without, any inequality, and it is rare and flow, if there be no Feaver, often, and swift, if there be; when the faculty growing weaker it becomes myurur, or like a moustaile reciprocal, then afterit is a defficient reciprocal, and formicant, and then it feems abolished or gone, except there bea Syncope or Iwounding, the laft of al is a truly abolished Pulse which is a little in the ontward patts of the Arteries after they are dead. When the faculty is weak from a sudden dissolution and diffipation of spirits, as by greif, watching, ftrong Evacuations, and there have been evident and efficient causes of the same, the Pulse at first is faint and fma', often, and quick, but not unequal; when the faculty grows weaker, it is undose or wave like, vermiculant, formicant, feemingly abolished, and last truly abolished. When the Substance of the faculty is not confumed of it felf, but is pressed down by plenty and flux of humors, or by an Obstruction, or preternaturalTumor: and also when it is extinguished by malignity, as in a pestilent Fever. The Pulse is faint, smal, flow, and rare, and continualy unequal infomuch, vehement, kittle, and then presently great, quick, and presently slow, often, and then presently great, and presently rare, or seldom. Great and vehement Pulses the more they are, the less the faculty will be oppressed, but the more the pulsations are small and faint, the faculty will be oppressed the more. When the faculty is so oppressed, that it will be sufficated, the

What an intercurrent and intermitting Pulse foretells.

Pulse at first is intercurrent, and then intermitting in multitude of pulsations. Intermission, or

Rest the longer it is, the more is the danger. That rest is counted long, which is longer then the beating of two stroaks, that is short, which is shorter then one. Intermission of pulse is most dangerous in young men, less in children, not at all in old people. Sometimes it is not deadly in young men when it is usual, and from Obstruction of the Arreries in time of health, or from a long disease as an Assima from intermission in one pulse or stroak, many old men and children have escaped, but never one young man. If intermission continue long, it threatens sudden Death, and that the vital heat of

the heart will suddenly be extinguished and the animal faculty in an Apoplexy, long outward Reft, and ceating to beat. is neer to intermission, onely in this ic differs, that it is shorter without inequality, but with flowness, but intermission is with a quick and unequal Pulse. Ic shews that either the body of the heart, or fpirit, and blood is that up, or that some part adjacent is very cold; and it is less dangerous then intermission, but sometimes it causeth sudden Death. An Intercurrent pulse declares the fame with an intermitting and hath the fante causes, but it is less dangerous, because in it the faculty being strong, striveth against the hurtfull causes, but not in an intermitting. Then follows a Pulfe that intermits in one stroak, this shews that Nature is hindered by unwholfonie caules, but yet that fhee contends with them: this is worfe than a Pulle that intermits in many stroaks, because Nature is not only hindred in every fourth or fifth stroak, but in all, which shews fud-

What a caprizant and dicrot or recurrent pulse signifies.

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den Death. Of this kind is the Caprizant and Recurrent pulse, they plainly shew either the una

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there is plenty of Smoak, Excrements not alike in all parts of the Heart: For the hotter parts contend with the Cold, and the free parts contend with those that are burdened, so that those which by their lightness and heat flie up at first, are drawn down by those parts which are cold and heavy, especially when the Faculty is weak, and the Artery hard. An

What a wavelike and wormlike pulfe fignifie. nndose or vermiculant pulse shews that the Faculty is hot strong, and the strength is much abated: And the formicant Pulse is next to

and the Spleen, and other Bowels, and in a Scirrhus, because the Pulse grows harder, it can neither be vermiculant nor undose, nor in an Hectick, nor in a Consumption, though death be at the door, but

Myuru. it will be faint and unequal. Myurus or Mouse-tay! Pulse when it is in one stroak, shews in a

lean Body the weakness of the Faculty, and that the Heart is so weak that it cannot send its force equally to the extream parts. This Pulse is evil, and fore-tels destruction, though it be reciprocal. A

defi-

deficient reciprocal Pulse is worse then this, and Myurus not reciprocall is worse then that. Sometimes Myurus comes from evil shape of the Artery, as when the middle of the Artery lies under the naked skin, and both sides ly deep, this shews that the faculty is so weak that it cannot lift up the Artery and lay it even. This is often seen at

Trembling Pulse. the begining of cold fits A trembling Fulfe which is necessarily faint and little, shews that the faculty is weake,

and the Artery fost, and the body slender; a convulsive pulse is not ordinary. The last are an apparent abolished pulse, and a truly abolished when the faculty

An odinate and inordinate pulse.

fort soever an ordinate pulse is, it is faithfull or true, and an inordinate is

untrue. Moreover a good pulse and ordinate is most sure and the best: an evil pulse and ordinate is the worst, and worse than an evil pulse inordinate.

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CHAP.

CHAP. VIII.

What Urin is, and how it shews the Diseases of the humors and parts.

B Ecause the Excrements of the body are a portion of the parts affected, or of the humors offending, they certainly shew the constitution of the same, and are the chief demonstrative signs. The Urin comes chiefly from the whol body

What Wrin is | rin i

and generally fignifieth. Urin is the Serum or Vehiculum of the blood separated

from it by the force of the Kidnies. Even as when Milk curdleth, so doth the whey in the blood separate it self from the thicker substance thereof. It is mixed with the Blood, that it might wash it, being thick and full of Fibres, and carry it

The master of Urin.

through the smalest Veins into the extream parts. This Serum or Whey is made of drink or what liquor soever the meat

is moiffned with, and without it the Body would receive very little Nourishment from the meat. Therefore is drink necessary for all Greatures, but less for Birds which pifs not, and more for Men and Beafts. In the concoction of the ftomach the whole Meac is mixed with Liquor, and the whole strength of the meat is in that Liquor, when it is made one even Substance called Chyle. This is fuckt up by the Mesentery Veins, which carry whatfoever is profitable thereof to the Liver: And when it is made Blood, as the melancholy Part is carried to the Spleen, and the Choler to the Gall, fo the Urin (the proper Excrement of the Liver, as the ordure is of the Stomach and Guts) being unprofitable and fuperfluous, is drawn out of the gibbous parts of the Liver, by the emulgent Veins and force of the Kidnies: but not all, for fome is fent with the blood into the whol body, which when it hath performed its duty in carying the blood, either is I weat out, or returns by the same way it went,

an Impression.

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into the Reins and Bladder. From what parts | Therefore the Urin comes the Urin takes not only from the Liver, but from the great and

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fmall Veins and the whol body. He that Mall live two or three daies without Drink shal plainly perceive this. And if the Urin be not mixed with too much Drink or other things, it wil manifeftly declare the Constitucion of the humors in the Liver and great Veins, but more obferely those in the small Veins and in every part, for while the Urine was mixed with them, it contracted their qualities, and now being as a part taken from them, it plainly flews their conftitution. Therefore if either the Bowels or great Veins, or Head, or Lungs, or any part have a Disease, because it imparts it to the humors conteined in them, the Urin which is the companion of the blood and humors wil partake of the fame, and being fent away, wil fhew the figns of the Difeafe. And also it will shew the Difeases of the parts through which it paffeth, as of the Reins, Ureters, Bladder and Yard: for though it stay not long in them, yet it takes away with it their filth (if there be any) Therefore the Urine shews the Diseases of all parts which it toucheth, but whether with the Difeafe, it plainly flew the part affected we that hereafter discourse. But it shews the

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the faults of the humors and parts by its Chymofis, or Parts, or Colour, or Scent, or Contents, all which we shall distinctly ipeak of.

CHAP. IX.

What is to be Observed before we give determinate Fudgment of Urin.

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You must take the fift Urin after fleep and full Concoction, and all of it, because no part can plainly express all the figns. Let the Urinal be white and transparent, and long, teaft the Hypostafis or Sediment be divided, and big enough to hold it alt. Let it be ftopped and kept from the Sun, Cold, and Wind, that it be not troubled or made thick, let it stand stil til it be cold, and be kept not above fix hours left it corrupt. If it grow thick or muddy by cold, or of it felf, let it be turned at a gentle fec, and not ftir'd left the Sediment be diffelved. which

which cannot be extenuated or melted

Why some urins are thick, others not. by the fire. But why urins that are thin are without great cold turned, is from the Natural heat thereof,

which as it doth the Sediment, so doth it dipose of, or distinguish other parts. This heat is somtimes weaker and stronger. Let the Urin be lookt upon, or cast in a place that is not too dark, nor too light, nor in the Sun; and let the light rather come down into the Urinal, then upon the side of it. These are to be considered in urin: Chymosis, Perspicuity, and Purity, Quantity, Colour sent and contents. All these shew the internal Diseases, both according to, and be-

Urin is altered by things taken in, and by the fault of the reins and bladder, coby Diseases of the veins and other parts. both according to, and befides Nature. Urin is altered by things taken in,
and by the paffages of the
Reins aud Bladder, or by
the Veins. Therefore there
are manifest Qualities
stampt upon the urin from
three causes. Immoderate
drink especially water, or
ine, makes urin plentiful.

thin white Wine, makes urin plentiful, thin and crude, and fuch as doth not shew the Dileases of the Parts and Humors, 13

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nor the qualities, because it runs suddenly through. Also Saffron, Cassia, Rhu-barb, Senna, Madder change the Colour, Garlick and Turpentine charige the Scent. For the qualities of thele being preternatural, flow forth with the Excrements, especially with the urin, therefore these fo alter it, that neither the Difeafe, nor the Constitution can be certainly discovered. Therefore let the urin which is the declarer of Difeales, be defiled with no other external mixture or quality. Also if there be an Ulcer or Imposthume in the Reins, or Bladder, or Ureters, or Yard; the urin will be thicker, and troubled, and have white Matter, or Blood, or Sand, or Filmes. These faults in the Reins and Bladder change the urin very much. But that Urin which is neither changed by the Reins or Bladder, nor by the quality of external things, shewed most certainly the Diseases in the Veins and other parts. Therefore take heed that outward things taken in, or the Reins deceive them not. To prevent which we will divide the causes and qualities of Urin into three differences into external, into the Causes in the passages. and thirdly into the Causes in m the whole

whole Body. By this Observation and Differences you may have a certain and t ue knowledg of Urin.

CHAP. X.

What is the best Orine, and how it changeth by age, sex and temperament.

If the must know what urine is best which may be the rule of the rest, such a Urine must be of indifferent substance, not so thinne as water, nor so thick as that of beasts, of a gold colour, or yellow. This we account the mean between the extreams, it must be of an indifferent quantity answerable to the drink taken the day before, or somewhat less because some of the drink is consumed in the body. The sediment must be white, light and equal, picked at the top as we shall shew. There must be no thick body in it, nor bubble, nor silme, nor the like. This shews that the concoction

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the temper excellent, and the a geyouthful. For no other urine is to for a woman though never to temperate, in her prime hath a Urin that differs from this. For

A womans

a Womans urin is not thin (as fome affirm,) but more thick, and not so pure and transparent as a mans, but somewhat

flying in it. For she hath more Superfluities in her Womb and Bladder then a man, which shews not only Crudity, but herSex chiefly, according to the plenty of these the Sediment in a Womans water is greater, thicker, and whiter. And he

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mens Urin often, shall distinguish them by his Eye. The urin of Infants and Boyes is whi-

then that of riper years. For though there be much vital Heat in them, yet being abated by the plenty of Humors,

Old folkes

rin of old People is white, thin, with little Sediment, which shews Crudity and weak Con-

coction, because the Hear in them is lic-

tle and weak. By these Examples it is not difficult to conjecture, whit Urin ought to be in every Constitution, and how much every Urin differs from the best. Therefore you must conjecture from the Sex, temperament Natural, and acquired, and from the age; what kind a Natural urin ought to be: So that when another fort is brought you, you may quickly remember how much it differs from a Natural. But before you judge of the Difeate by the Urin, you must confider what kind of life the Party hath led a little before. For great Exercife, Warchings, Anger, Fasting, and use of hot Meats, as they increase the Natural heat, so they inflame the urin, and make them higher with a mixture of Choler, with some contents, so doth hot air or weather. On the contrary Idleness, much Sleep, Sluggishness, Glutony, and Drunkenness, use of cold Meats, causeth white and thick urin, with many crude Contents: And fo doth cold Air and Weather, without the Observation of these things, you can give little Judgement certainly of Urin, nor diftinguish between the Urin of found men, from that of the lick. CHAP.

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What much and little Urin signifie.

F Urin be indifferent in quantity, is shews there is but moderate Setum, and that Nature doth all things, and is found. Much urin comes formines from much Drink, or thin Wine, or Water; or from diuretick Medicines, or from Cold, or other external Caufes. Sometimes from a fault in the Reins, when they concinually draw the Serum from the whole Body by a great force, and fend it forth, especially when a Feaver that burns the Bowels, hath melted the matter collected, which is dawn by the Reins, This Difease is called Diabetes, from the fudden paffage of the urin, which is much, white, thin, and without a Sediment. Somtimes it comes from an inward Difease, as when great plenty of water long contained in a place, breaks out, for etimes from a Droplie, fontimes from a waterish Crudity about the Guts, when

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it goes forceably to the Reins. The Original of all this is the course of Diet, for nothing can come from the Body, the matter of which was not first taken in. This Evacuation, although it a little weakneth, yet it eafein the Stomach and Belly of a weight, and extenuateth not the other parts of the Body. Somtimes the whole Body and Humors melts into urin. As we have known a Tipler that was full bodied, who in eight dayes without the force of any Difease grew very thin and flender. This may be also from a Feaver, but then the great quantity of urin is not thin and white, but flaming, or Raifon-like, with Fat

Little urin,

like Oyl at the top. This is the beginning of a Hectick Fever. Little Urin neither from little Drink, nor from a dry Diet, nor from four

and thick Drink, nor from much Sweating, nor Purging, nor great Labour, shews a Disease, and that likely in the passages of the urin. Obstruction or preternatural Tumor in the Reins, cause the this commonly and then there is a Sense of weight and heaviness, and the like manifest in the Contents. If there be Obstruction from

from the Stone or other Cause on both fides of the Ureters, there is great pain and fixed, as in the stone called Nephritis. If the Neck of the Bladder hath a Tumor, or thick Flegm, or a Stone, there is difficult Piffing, or stoppage of Urin, with pain in the Privities and Perinzum, and there are many Setlings and flying things in the urin. When urin is little without thefe, it comes from a thick and flimy Humor, which is hard to be feparated, and to pass through. Somtimes the vehemency of a Feaver stops the urin, and then there is Heat and other figns of a Feaver. Sound people make little urin when the drink goes into the Nour shment : This is usual in thin extenuated persons, and those that are lately recovered from a Difeafe.

CHAP. XII. What the Scent of Urin signifieth.

T O smell to urin is a nasty trick; and misbecoming the dignity of a Physician, but sometimes against our Will

there is a Scurvey fcent, especially when the urin is hor, or hath been turned at the fire. A fweet Scent is not to be expeded from Pifs, except it be from Turpenrine, or Musk, or Silphium; or from Some Sweet Medicine raken. But in found Bodies and good Conflicutions, the Scent is moderate. Somtimes the flink is from things eaten, as rotten Cheefe, or Garlick. Somtimes from an ulcer in the Reins and Privities; and then the urin is white and thick, with a mattery Sediment. If it come from a Scone in the Bladder, there is thicker Snot at the bortom, and it is made with pain. A ftinking urin coming from the upper parts, whether it be red and thick, or (asit is fomitimes) thin and transparent, with or without a Feaver, is a fign alwayes of Putrefaction: And this Corruption is either in the Humors or the Substance of the parts. If the ffink be new, and in a thick troubled urin, it is from the Humors. If it be old, and in a thin and transparent urin, the substance of some part is corrupt. When stinking urin is made in a Crisis, it comes in a day of Judgment, and is much, and the Patient prefently recovereth. CHAP.

What several Colours in Urin signifie.

T Hese Colours are cheifly to be oblour, Citrine, which is the mean of all, Gold-colour, Saffion-colour, red Raifon-like, Green, Skie-colour'd, Blew, and Black. There are two efficient caufes of these Colours, that is Heat of the Bowels, and Body, and Mixture of a strange Humor. For Labour, Fasting, Heat, or a Feaver, or whatfoever hears the Body, doth also colour theurin, and the more when they are vehement. And that urin which is longest held in, and which is made longest after Meat, is higher then the former. Also when Choler gets into the Veins, and is mixed with the Serum (as in the Jaundies) it makes the urinyellow or citrine, and so is it with any other Humor. Now the colour from a simple distemper differs from that which comes from mixture of humors. For the first seldom is a-Tellow urin. | bove a red, and is in a thin Substance of urin or indifferent, but the laft reacheth to all kinds of Colours, and makes the urin thick and troubled. Alfo a temperate Heat makes a citrine or vellow Colour, in a temperate man in his flourishing age. That colour which is beneath the mean, is a fign of Heat a-

White like mater.

bared and Crudity. A white and thin, transparent urin like water, if it come not from much thin drink, flews either

great Obstruction of the Reins, Mesentery, and Liver, or weak Concoction, from an extream cold Distemper of the Liver and Stomach. Alfo this white urin may come from a Feaver, when the Choler is carried up to the Brain, and this shews a Phrensie. White and thick

Glauta thicky mhite.

Milk-like.

if transparent as horn (called Glanca and Charopa) thews much predominant Snot-like Flegm. If it be obscure as Milk, it shews a-

bundance of thick and flimy Flegm. If these urins continue long, they foretel long and cold Difeafes.

Next follows Spicea or Corn-

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corn-coloured which shews less crudity and hear neer to that which is temperate.

The Citrine urine is the middle citrine fort of all. above that is Gold colour, Saffron colour, and Red,

all these shew that the heat is increased

beyond measure: and if these be pure and transpaand red Colour. rent, they shew a pure simple distemper, if thick,

and troubled they shew the faults and and mixtures of the humors. a red urine if it be transparent is called burning

Red. dant heat of the Liver, and often a burning Feaver. If it be thick

Thin red . | and obscure with or without a

Yellow Yolk-like or red Choller.

Thick Red. | Such appears commonly at the coming of feverish fits:
| but cheifly when the substance

of the Liver is defiled, from a Phlegmon or Scirrbus as in a Dropfie, or when it, or the Gal are greatly obstructed, by which means the choller flows into the veins and urine, and so infects it that if you steep a linnen clout therein it will be yellow, this will be so also after taking

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of Rheubarb. And it shews otherwise a Jaundyes coming or present, by this is flaming urine distinguished from that which with Choller is made Saffron-co-

Blood-like
Urine of two

loured or higher, bloody urine whether is be only like water wherein flesh hath been washed, or pure blood when

it grows cold hath a bloody clod at the bottome. This comes from the wearing of the Reins and opening of their Veins, from whence blood prefently flows by fome Stone. They err that impute this to the weakness of the Liver: for it cannot be perceived how blood can come from any other part with the Urin without a Distemper in the Reins. Therefore if there be bloody Urine and the Loyns and Reins not hurt by a Fall or Stroak, it comes from a Stone wearing the Kidnies, especially when there is great exercise. A troubled black urin

Black, Troubled. Red, Grapelike.

> Green Urine.

exercife. A troubled black urin went before this, and shewed a Fit of the Stone to be at hand. Raison-colored, or like black. Grape follows the Red, this shews that the Blood or Choller is burnt & turn'd to Black. Green shews plenty Verdigreese-like Choller. Sky-colored.

lored, Blew, and Lead-colored Urin, except it come from Stroaks and shews either predominancy or mixture of Melancholly or ex-

Skie-colored Livid and Lead-colored, Black.

tinction of natural heat. The last of all is Black, which if it come from Red and Green color, shews burning and mixture of Melancholy, but if it follow a Sky-color and Livid, it shews utter extinction of Heat. Somtimes these Urins are made in a Crisis, both in sharp, and also in long and melancholick Diseases: It is upon the directory day of judgment, and it is without pain, and signifies the Recovery of the Patient.

CHAP. XIV.

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What the substance of the Urine shews in diseases.

The Substance of the Urine is either thin, thick, or mean, a thin Urine

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is only found under those colours that tend to redness, as white, corn-colour, golden, faffron coloured, and red, it is never sky colours, livid, or black, a thick Utine is capable of every colour. for there is a thick white, & thick black alfo. Therefore thin Utine not from immoderate drink nor other external cause follows Obstruction of the reins, and ureters, which wilnot fuffer any thick Stone, when the head of the ureter is Stope with a Stone: Sometimes it follows after the concoction is weakened, and the vital heat abated, from a diftemper alone without a fault in the humors, Sometimes the heat is fo little that water or drink comes forth as it is drunk, and this is extream crudity. Our native hear that concocts the nourishment and humors, endeavours cheifly a mediocrity of Substance, and then adds a colour according to the nature of the parts: Therfore the Concoction is known by the Substance, rather then the colour of the urine. Wherefore Hippocrates faid while the Urine is reddish and thin, it fignifies a crude disease; a moderace Substance of Urine signifies lively

lively heat, and exquisite concoction in the Stomach, Liver, and Veins, this is in the Stomach, Liver, and Veins, this is in those three middle colours, yellow, or lower then gold, gold colour, and Saffron colour. A thick Urine except it come by reason of the openness, and loosness of the passages of urine, comes from heat oppressed, and crudity, not because the heat is distempered, but burthened with crude humors, both thick and thin obtain the same Substance by long concoction. To thick Urins belongs the fat and ovly.

ly like Urine.

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Urins belongs the fat and oyly, not that upon which fat swims like a Spiders web, but that whose Substance represents Oyl-

or Grease in thickness, and which being moved, appears heavy as Oyl. This shews that the Body melts either with a Consumption or Hectick Feaver or a Dropsie.

Mar offer is very thin but sometimes obfull spand fur bolent. But to elegations dama ban malad G alayab CHAP.

bloom farrouge mon haldeon to an dans is the thickest and mest obscure, and

ent United got suit to bound out to

CHAP. XV.

A transparent and troubled Urine, and what they signifie.

Perspicuous and clear Urine is that which the fight eafily perceiveth, a troubled and obscure is that which we cannot fee through. A turbulent and troubled differs from a thick, and a thin from a transparent, thus as the white of an Egge and Oyl, and melted Glass and red wine, are truly thick but not troubled, but plainly transparent. and white thin wine is commonly turbulent, and aqua vita is very thin but fometimes obscure, and turbulent. But to clear this up we shal devide turbulent and troubled Urines into three forts, one is called turbata or troubled, from external cold, this is the thickest and most obscure, and infecte the urinal at the top of the Urine with

with white filth, this by heating wil come to its propper colour, fome Urines are more easily troubled, and come never as their condition is, outward cold caufeth it, for if it be in a hot place it continueth as it was first made. Another troubled Urine is truly fo when the substance from it felf or other mixture grows thick, Such comes from ulcerated reins, this cannot be diffolved by hear and hath many little bodies (wiming in it, which when it stands stil, fal down into the thick fediment, and then the rest of the Urine is clear. It is compared to wine upon the lee. The third fort is called a confused Urine in which nothing appears to fwim, but it is all alike in every part, and hath no Sediment or the like, (though it fland long) and wil not be altered by heat or any fire, It is compared to wine that thickens by age or is changed with Thunder and Lightning, and dead without any brightness or shining. A Transparent Urine

shews perfect concoction, A Transpa- goodnes of humors, and planwhereof remaining in the U-

rine, makes a sediment by feperation. Than

That which is changed by Cold, and by Heat comes to it felf is of little fignifica-

Turbulent Urin. cion, except it appearing first in acute Diseases signific beginning of Concoction; for in the

beginning a thinUrine doth not eafily turn, but growing thick it doth. A truly turbulent or troubled Urine comes from a Disease in the Reins or Bladder for the most part, in those that have much humors which the Urine carries with it, or a simple ulcer from whence comes Blood, or a foul Ulcer from whence comes matter, by washing of these a urin turns thick and turbulenc. Therefore in the Stone, men seldom pils cleer. A troubled urin without these Difeafes thews thick humors in the Veins hard to be concoded by the natural heat. Hence come long Diseases and Stubborn, and Head-ach, as Hippocrates faith, they who have troubled urine like Beafts, have, or wil have the Head-ach. If it continue longit threatens a Lethar-Urine fomtimes is suddenly troubled, when Obstructions are opened and the thick matter which was lodged long comes from the Spleen, Liver, Reins, and great Veins. This comes to found

found men after Exercise, and to fick after a Discale, especially in a Crisis of a long Fever, as a Quarran, and in Difeafes of the Liver and Spieen, and breaking of Imposthumes. All these come away with cafe and refreshment to the

Body. A reddift urine or citrine that is yellow without fediment fuch as is made ! troubled.

Reddiff and

in the beginning of continent, and intermitting Fevers, and which is called a fimpty crude urine, is called turbulent but not confused, it comes fron a crude humor that is tuperfluous that gets out of the Reins, Spleen, Liver, as in the Jaundies, into the Serum or Whey of the

Blood. A confused urine heyer follows the Diseases of the Reins and Bowels only, but alwaies the Diseases of the Veins.

And it shews not the abundance of crude humors, but confusion of the blood and humors in the great Veins and corruption of the same, commonly malignant. Because purrefaction mixeth, confusion and diffur beth all things. fore this kind of urine is feen only in continual dangerous and malignant Fevers : From hence I could ffew that urine" rine which defiled with no fault of the Reins, doth not alwaies shew the condition of the Blood and its Juyces; for somtimes it is pissed forth yellow, thick, and troubled, and the Blood which is then let out, is exquisitely pure and red. And this often in Quartan and intermitting Tertian, and in the Jaundies when the supersluous Choller gets out of the Liver, or Gall, or other parts into the Veins, and is not mixed with the Blood,

A notable here they groffy miftake that presently prescribe letting of blood when the urine is thick and red. Alfo fomtimes the urine is according to Nature both in color, substance and Sediment, & the blood then let, is foul both in fubstance and color. This is commonly in the state and before the Crisis of a continual Fever, when the urine is perfectly concocted, and Nature hath not as yet endevoured any evacuation of the noxious humor. These are the things that may be observed at the first beholding of urine, from the quantity and fcent, especially from the Colour, Substance, and perspicuity before any thing is seteled, but as I shewed you must be discreet Of Urins.

creet. Now we shal speak of Contents in the urine.

CHAP. XVI.

Of things mixed with the Urine.

OF things mixed with the urine, some swim at the top, some in the middle, others settle at the bottom; of those at the top, the first is the Crown about the top. This can scarse be seen in a nequal urine, that is all alike, but easily in that whose parts are not alike when the humors are disturbed. For the top being thinness is easiest changed, and often shews many things to the Eye in colour and Substance, which cannot be seen be-

The Crown. monly what blood there is in the creat Vessels, for when it is thin and white it shews that the blood is full of Water; when thick and white, that it is full of Flegm; when yellow,

that it is Natural, when it is of a Saffroncolour, that it is full of choller; when
red, that the blood is burning hot; when
it is green, that there is Verdigreese-like
choller in it; when it is Sky-colored or
dark blew, that it hath melancholly,
or that the blood wil presently turn into
such humors by corruption. Therefore
the last of these shews either a melancholick Disease or Epilepsie. When there
is much froath at the top without shakeing of it, it shews much Wind, that the
Stoniach and Guts are stretched that the
Colick is at hand, either by the eating
of sruits or the like, or from the weakness

froath. of the Natural heat. And if this Froath continue long with great Bubbles it shews thick and shimy humors and obstructions from thence; if the Bubbles easily break, they shew thinness of Wind and humors.

If there be little Bubbles about the Crown of the Urin, there is Head-ach, called Cephalalgia if they are about all the Crown, or called Hemicrania if they be but half way about it. And if they be yellow the pain is greater, and if white and pale, it is less, and it will be long, if the Bubbles last long.

fong. When the Bubbles are in the top of the Urine, it is a fign that the pain abateth: for when these are in the upper part, they shew pain in the Head which is the upper part of the Body, from Wind or a Humor of the colour of the Bubbles; when there are Bubbles like little grains in the Crown which go downward when the urine is shaked, and presently ascend; there is a Distillation from the Head upon the Lungs, Stomach, Shoulders or other parts, the nature of which distillation is known from the color of the urine, Crown and Eubbles.

Fat swimming at the top like Cob-webs signific a Consumption on according to Hippocrates.

And except it be from melting of the Reins, there is a Fever Hectick or Burning, or confumption of the whole: when the Fat swims asunder like little Atomes of Oyl, it shews both, but not so plainly. But I have observed these in urine after drinking of Oyl. And the former as they are dispersed easily shew the vanishing or continuance of the Disease. Somtimes there are small Bodies which fly in the urin like Bran or Scales. Bran in the urin signifies Scabs in Bran.

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the Bladder, if it be in a thin Urine, it fignifies a fiery melting Fever which broyls the blood in the Veins, and burns the fubstance of them, and makes a scurfe fal off, which comes forth with the urine. Scales in a flinking urine flew an ulcer in the Bladder. If Scales come forth without ulceration, there is a burning Fever which melts the upper coats of the velfels into Scales, which caufeth a Confumption of the folid parts, but the less dangerous, as the Scales are thinner then Those things which fly like the Bran. thick Bran fignifie the same, but in a less degree: for when thick blood is either burne with a Fever, or when the Fat in the flesh is melted and the hard flesh is as it were tried in a pan, then the things flying in the urine are like thicker Bran, and fignifie long fickness. In Women with Child that are in health, there fwims in the urin things like thin Bran or Starch, which after fettling make a thick fediment like toazed wool, and the reft of the urine is troubled a little, Green or When the Reins are ulcerated there are little bits of flesh in

there are little bits of fielh in troubledurine. Hippocrates White Hairs. faies that white Hairs come

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Of Wrins. from the Reins, but we observe that they come from the Paraptate or spermatick Veffels from whence they are long and round, and made of feed, which falling down by the force of the Disease grow hard with heat. These appear in abundance in the urins of them that have had a filthy running of the Reins, and of women that have the Whites or foulness of Womb. Somtimes the first urine after Copulation hath the like, or fomwhat thicker. Moreover pure blood or clodded fhews a green ulcer; but marres thews an old fordid ulcer either in the Reins or in the neck of the Bladder, and it is diffinguished, in that when it is in the neck of the Bladder there is great pain, but none when it is in the Reins. And in that coming from the Yard and neck of the Bladder all the matter comes by felf, without urine, or at first beginning of pilling, but that from the Reins comes with the urine, or ar the end of Piffing, mixed acurately, but fettles down afterwards. Sand comes last after pissing, the Red and Yellow Sand. comes from the Reins, the white from the Bladder as is thought, but when there is a fordidulcer in the Beins, there falls white Stones from thence cancred as with hardned matter. When thick

flegm like Snot flicks at the bot-Snot-like tom of the Urinal, which was

piffed with pain, it shews the Scone in the Bladder, or an Ulcer in the neck of the Bladder: For the Bladder being cold and membranous, when diftempered breeds fuch matter and the Scone helpeth by its weight. But that matter which is voided without pain comes from an ulcer of the Reins. They are grofly deceived that being ignorant in Anacomy and the works of Nature, think this Flegm comes from the Brain or crude Stoniach into the Bladder: for how can ic fall pure without Blood through the Veins into the Reins, and pass through them alone? Seed, Matter and Flegm are to be feen in an urine: Seed being thin and light swims at the top, Matter and Flegm fettle down, Flegm being thick and glutinous sticks together, but Matter dissolves by shakeing: But because the greatest part of things contained in urines flows by the passages of the urines, lest they should deceive I wil set down the Cause in or-

der from the Original. Red Red sand | Sand comes from the Reins if ic be

whence.

be much and thick, it threatneth the Stone: this growing together, there is a stone as big as a Barly corn which falling from the substance of the Reins, makes the urine thick and troubled, red or blackish, which shew the pain of the Stone.

Things worth observation concerning the Stone.

A Stone fixed in the head of an Ureter causeth pain, and then the urine is thin and white, as in all stoppages of the Reins. Sometimes the

Scone grows fo big, and is fo held in the Reins that it cannot be removed, and then in ftrong exercise it wears the Reins and causeth thick and troubled; and bloody urine with clods at the bottom. The like comes from a fall or freeak, feldom from great labor. When there is an Ulcer the urine after rest is white and thick, after labor it is high colored, with a thick fediment, and then follows a thick white stinking and mattery urine like milk, with matter at the bottom when the ulcer is hollow and foul, they who have fuch urine, you can give no certain knowledg of other Difeases in them, because it alwaies appears as from the Reins. When the ulcer of the Reins is very foul, and a Fiftula, there is a thick fediment flimy and glutinous like Snos

or the white of an Egg, in a white, thick, croubled and flinking urine. The like in a Stone of the Bladder; for though Rens, yet it grows about the Stone by weakness of the Bladder, because the same remains after the Stone is gone. Alfo foul ulcers in the Bladder and Yard cause such urins especially when it is, from a filthy Gonorrhaa, in the Paraflate: when fuch ulcers begin there are threds in the urine, first thin, then thick, which makes the whole urine thick, and laftly there is a Snot-like fediment: And though the ulcer be cured, yet the threds remain from the weakness left in the fpermatick veffels.

CHAP XVII.

Of the Sediment and the Contents in an Urine.

There is much controversie about the Sediment, but we shal aim at the truth. The Urin is made of liquid matter.

ter and drink which passing all parts, by concoction in the Stomach, Liver, and Veins is mixed with the mear, blood and humors, and hath the fame colour and fubstance, as Broath made of herbs and meat: for it doth not remain simple as the drink was first, but grows thicken by other mixtures. And by staying in us it gets natural heat which Aristotle observes to remain in the excrements of all creatures: for what foever thick fubstance is in the urine voided, although it be not discernable, yet it presently is feparated and goes together, and commonly fettleth even as the dregs in distilled Rose-water. And this is done by the natural hear, whose property it is to feperate things heterogeneous or of divers natures. This thicker part fo feparated

by the natural hear and fent down, is the Sediment or What Hypo] Hypoftafis, and it is not an | fiafisis. Excrement (as Attuarius

would) from that concoction only which is in the Veins or folid parts. Non is it (as other: would) a part of crude meat which is someimes fent from the Stomach into the Veins with the ferum. but it is that which had its beginning and perfection every where with the urine.

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Therefore the Hypostasis is not only a fign of the Stomach and folid parts, but chiefly of the great Veins. Therefore as the original of that and the urine is one, fo do their substances greatly agree: for much very thin wateriff urin hath no fediment, a thin urine fimply hath a thin fediment, as in them that have crudities and weak contoction, an indifferent Urine hath a mean fediment, and a thick urine, a thick: As in Children and Glutcons who eat much and concoct well. But that which grows thick and is troubled by the mixture of some external thing coming from the Reins or Bladder, hath a thick fettling, which is not properly a fediment, but the dregs of urine. So then the Chymofis or thick part of the urine gives matter to the fediment. And the natural heat seperates it, which if it be ftrong, it quickly gathers the invisible matter dispersed in the urine, into a body and fends it down, and then makes it, or alike in all parts, and smooth without any inequality. Weak heat in urine makes a flower fettling, and fends it not down, but lets it hang in the middle, this is called Encorema, and is divided and uneven A less hear doth very flowly feparace and cannot collect or gather it, and.

and fo leaves it fcatterred or fwimming at the top like a Cloud. Therefore there

are three forts of things contained in respect of pofition or place, the sediment is in the bottom, Bneerema, in the middle, and the Cloud at the top. Lastly, when the heat is ex-

A fettling that hangs in the middle of the wrine.

A Cloud.

cream weak, as in a deadly putrid Fever, or too much oppressed with humors, as the Jaundies and Tertians when Choler gets in abundance from the Liver into the Veins and is mixed with the Serum, it doth not seperate at all, and the urine is mixed and very confused; these things are only observed in sick people of

whomwe shal speak. That which was subtilly disputed of old concerning the sediment of Feavers, wherin they said it was like matter, and a part of that

The confuestion of the Opinion of some concerning the sediment in feavers.

humor which corrupted in the Feaver, but now is concocted and fent forth with the urine by the separation of Nature, is a destructive Lie in Physick: For the matter of a burning Feaver, which is parched Choller, cannot be turned into quittor or any other matter like it by

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concoction; nor is it here as in a Phleg. mon. Nor doth the matter of a Feaver concocted in the frate of the Difeafe til it be voided by Rool in perfect Crisis appear ever matter-like or white, but yellow and cholerick. How then can it be that the fediment which in the ftate of a Feaver is white, should be a portion of that yellow matter putrified which never grows white? Moreover if in the state of a Feaver any portion of the hurtful matter fall down, and not in the beginning or increase, the urine wil be thicker in the State than in the beginning or increase: but this we find false by dayly experience. For as urine is found crude and confused in the beginning of acute Feavers, fo is it found thick. Therefore we must determine otherwise of the fediment of feverish urines. That it is not a concocted part of the humor which is putrified, but of the same matter as in found And in Fevers when it first appears, it shews the victory of heat and Nature, which hath fo tamed the putrid humors that they come to their former obedience: for that which they call the concoction of the matter of the Feaver is neither suppuration nor properly maturation, but only a restraint of putrefaction frefaction or Pepasmus. In the face of a Feaver the matter is Pepasmus. thut up in the Veins, and none

emptied by a Crifis, and neverthelefs because it is at rest and in the power of Nature, the urin is purer with a fediment which certainly declares Natures conquest. Also when the fury of the noxious humor is suppressed, it slows less forth with the urine, and fo it is thinner and less troubled than at the beginning; when by reason of the putrefaction there was a great perturbation and confusion in the humors, some force whereof was carried into the urine. Also when nature is uppermost, shee gathers the thick matter into the middle, or into the bottom; when a recoverable Wound fends out white and good quittor, if there comes a Feaver at the first it alters the quittor and dries the Wound, because the natural heat is oppressed and cannot rightly concoct: after the same manner the Natural heat in Feavers being oppressed and not able naturally to concoct the meat in Feavers, makes no concoction in urines. I shal speak more of this disputation in my Prognosticks when I shal speak of the concoction of Diseases. Therefore when our natura head

heat hath overcome the pernicious humors and concocted them, the sediment is good, namely White, Smooth, and equal, which is best; an Encorema in the middle which is white, smooth and equal is not so good as an Hypostasis, and shews that native heat is somewhat weak, because it cannot send the matter down being fully concocted. Also a good Cloud which is white, smooth, and equal is a sign of crudity and weak concoction,

What Sediment is bad.

and heat. A Black or blew fediment is worst of all and threatens death. A Black or Blew Encorema

fhews less danger, and such a Cloud shews less danger than that, in these the native heat is not quite spent, but is of some

In found people what contents, are best,

Much fediment.

force. Every Content is best that is indifferent in quantity and substance, white, smooth, and equal, what errs from this is naught. The Contents are

much when accustomed, Sweating, Purging, or the like are wanting, and then they are thick and crude. That sediment which is much, from great eating and strength of the faculty, is moderate

in fubftance and colour. I Want, Fasting, Watching, great exercise, and such as | fem Contents plainly confume the fubstance of the body make few contents or little sediment. And this is in sound. In diseased people that sediment which is thick, is either from plenty of crudity which natural fediment heat cannot overcome, and then there are other figns of crudity; or from a Crisis, and then the Disease apparently abateth. It comes fomtimes from quittor and tough flegm, and you may dif-A thin fediment cern them. shews crudity in Diseases, or Thinness. beginning of concoction, in found people, it shews thin humors not brought to means of fub-Stance. A Smooth Content Smoothness. not divided, wrinkled or torn sticking together, without any roughness comes from ftrong natural heat; the contrary comes from weak ! heat. So is an equal fediment | Equality. all whose parts are alike in thickness and color, the unequal is when the parts are not equally concocted or colored. In Colors, Corn-colored, Golden or Red flews Choller to abound in

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the Veins or the Blood to be corrupted with vehement burning. Although Hippocrates faith that a red fmoath fediment in a red water shews health, black, blew and black shews extinction of vical heat or corrupt blood, or a black humor bred in it or coming from other parts. If there be no contents in found people it is not alwaies evil. The urine is often thin from some great obstruction, or from much thin drink which is past away before it is concocted with the meat, in which there are few or no Contents, becaufe there wants matter. In fick people that have foul humors in the Veins if if there be no Contents, it is alwaies evil, and shews that Nature is hindered by plenty of corrupt humors: But here we Tpeak of demonstrative figns from urine, we shal elsewhere shew the Prognosticks by which concoction, Life or Death is foretold in Diseases.

CHAP. XVIII.

The Exercise of judging from Urins.

W Hat soever is preternatural in urines, except it come from the quantity quantity of things taken in, shews that the Veins, or Bowels, or Reins or passages of the Urine are afflicted. The urine contracts the same faults from them, therefore consider first from what part or place they came: They shat come from the Reins and passages of urine, you may easily know from what I have said concerning the Diseases of those parts, what they mean, and if none of those appear, you must refer all to the Bowels, great Veins, and the rest of the

What a Physitian ought to consider before he give his Judgment of urin.

Body. In the disconding of these alwaies remember what time of the year it is, what weather, and what are the Diseases of

of the Country, and what is commonly among the people, for that which useth to infect many is most to be suspected. Then find out the Sex, by asking if they know it, that the Nature and Constitution being known, you may know what Diseases the party is subject to. The Observation of these hath no small concernment in knowledg of a Disease especially when it is yong and no signs of it in the urine: for if it be an old man, and in Winter, and in a moist Country, it is very probable; but there wil be a Cough. Distillation or heaviness, and weakness.

of Stomach, especially if they be given to Gluttony or Drunkenness, and so of a moist nature which useth to contend with Diseases from Distillations. be a young man, and chollerick, and at Mid-lumnier in hot weather and country after tor diet & great exercife, you may suspect a burning Feaver, or a chollerick Dysentery, or a Pleurisie, such as the party is most subject to, or that which is most common among the people, from these examples you may judg of other Difeafes (without the Urine) Moreover a Urine which is neither changed by the Reins, nor force of external causes, shews the distemper of the Bowels, Veins, and the whol body, and whether the distemper be simple, or from foul-ness of humors, and what humor predo-minates, and if it be putrid, and with a Feaver: For colour shews the distensper; a thick substance or troubled, the fault of the humor; and confusion shews putrefaction. These are the internal causes of all Diseases, and though from thence we know not the kind of the difease, yet we may know thereby how to certainly fomtimes the part affected.

But became, it is in fashion to seem to conjure by a Piss-pot, who seever for vain glory wil be like them, let him repeat often what seever he first knew from the Urine, for by circuite of words

What Pis-Prophets ought to say when a thin and white Urine is brought to them.

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Fools are enfnared. Therefore when a white or corn-like thin Urine is brought, let him fay that the Stomach and Liver are very cold, that he

loaths meat, and wants appetite almost quite, that after meat the Stomach is Aretched, that belchings are nany and four, and there is much Wind to and fro, and that he is cold and heavy-headed, and the body is wholly faint. That he kept formerly an ill diet, either by cold Drink or Meats, or Fruits, or by Fasting, or Sadness. If the Difease hath been long, that the body is all over crude, and the Complexion of the Face loft, or there is a Flux, or fwollen Feet, and'a danger of Leucophlegmacy or Cachexy. And because such Urine is made in Melancholly, and swelling of the Spleen declare the Symptomes of thar, as Sad ness, Fear, troublesome Dreams, noyfe on the left side, Heart beating, Scorpnia or Darkness of fight, and the life. White

of Urins.

What is to be faid of a white and shick Wrin. When the Urine is white, thick, and troubled, because it comes from the prevailing of thick Flegm that is tough, let him say there is Head-ach or

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front with humors, and the Guts and floor with humors, and the Guts and floes are stretched with Wind, and there is danger of the Collick, and the Stomach is troubled with Loathing or Vomiting of Flegm. If this Urine shall be consuled also, say it is a quotidian ling-ring Feaver, and tell the symptoms

What you are to fay of a gol-

thereof. If Urin be Gold-color'd and thin, say the Liver is hot, with thirst, leanness, Watching, troubled sleep that the hands are hot in the palms, and the soals of the Feet. If the same be thick, say that Choller a-

What if the fame be thick.

bounds, and is vomited, that the mouth is bitter when fasting, and the Spirits faint, the Stomach is hot with thirst, the Belly pained or loose, which threatens a Dysentery, or the body itcheth or is man-

that if it be confused.

gy. If the same be confused, say there is a tertian or burning Feaver, Head-ach, Warch-

ing,

ing, Doting, Thirst, or the like Symptomes of Feavers present or at hand. If

and thin.

a red Urin, or thin, or indifwhat if red ferent, fay the blood is hot, Head-ach beating or heavy, Laziness: and if it be confu-

fed, fay there is a Synoch putrid with its fymptoms. After this manner if from other colours you conjecture the Jaundies or Scirrhus, or flegmon of the Liver, or melancholly from the Spleen, or the like, you must mention all the Symptoms and causes evident. And so you must do when the parts affected are mentioned. But you must first cunningly ask this question, whether the Difease came suddenly or by degrees, & when it began, & thence you may conjecture whether it be acute Diucturnal Disease, for so, and by the estimation or considering of the Nature, Time, Country, and kind of difeafe reigning, you may come neer the bu-

VV hat of a U-

finefs. If there be bubbles in the top of the Urin in the rin with bubbles | Crown, fay the head akes, or hath much humor in it,

and there is drowfiness and dulness, Lethargy, or Pallie or a worse Defluxion at hand, or when you know there are figns

Millation certainly, as I shewed, the humor is fallen either upon the Neck or Shoulders, Sides, or Breaft, or Lungs with a Cough, or Joynts. And if with the distillation there are signs of a Feaver, fay there is a Pleurifie at hand, especially if it be Popular. If with the distillation the urine be oyly, fay there is a Consumption present or coming. The vulgar people know only the names of these parts, as the Head, the Side from the Shoulder to the Hip, the Stomach from the Coller-bones to the Navil, the Belly, the Back, and the Members. And when ever you discover the part pained (for every man first takes notice of pain) tell all the symptoms of that, and then wifely prescribe proper Remedies. He shal receive an uncertain fuccess that conftraineth Physicians to play the Sooth-fayers, by trying their skil in Urins. But a prudent and faithful Asker or Consultor will receive the benefit of found Advise.

FINIS.

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